



**JACKSON
HOLE®**

Ski Fitness Camp

Day 1

8:00am **Welcome to Jackson Hole!**
Camp Check in/registration - Café 6311 in the Bridger center
9:00 am Load Teewinot/Gondola (conditions dependent) Warm-Up Run
9:15 am Ski Off for Group Setting
10:00 am Ski with group, drills & technique
12:00 pm Lunch
1:00 pm Ski with Group
4:00 pm Apres event

Day 2

9:00 am Meet at Teewinot, Warm-Up run
9:15 am Ski with group, continued work on drills & technique Video.
1:00 pm Lunch w/ video review
2:00 pm Ski with Group
4:00 pm Roadhouse Mangy Moose Apres

Day 3

9:00 am Meet at Teewinot, Warm-Up Run
9:15 am Ski with group, continued work on drills and technique. Video
12:00 pm Lunch w/ video review
1:00 pm Free Ski with groups & push your limits!
4:00 pm Apres Party

Camp Schedule Subject to Change