

Winter 2016/17 Sample Schedule



Tuesday

5 – 6

Camp Registration in Gabe Room (3rd Floor of the Bridger Center in Jackson Hole Sports)

Wednesday

8 AM

Welcome to Jackson Day 1- Racing Fundamentals

Registration Mountain Sports School Bridger Center

9 AM

Groups Meet at Teewinot Lift

Fundamentals of Racing and Drills

12PM

Lunch

1 PM

Video

2 PM

Continued Ski and Gate Training (conditions permitting)

4 PM

Après & Video Analysis

Thursday

9 AM

Refined Technique

Groups Meet at Teewinot Lift

Refined Technique and Drills

12 PM

Lunch

1 PM

Video

1 PM

Continue Ski and Gate Training (conditions permitting)

4 PM

Video Analysis in the Gabe Room

Friday

9 AM

Race Day

Groups Meet at Teewinot Lift

Course Inspection

10 AM

Race!

12 PM

Lunch

1 PM

Ski with Coaches/Training (conditions permitting)

3:30 – 4:30

Race Results and Race Video in the Gabe Room

Schedule Subject to Change