

Women's Ski Camp Sample Schedule

Evening Before Start

4:00pm-6:00pm Registration & welcome at Jackson Hole Sports
(Second floor of Bridger Center)
5:30pm Announcements

Day 1

8:30am Sharp! **Technical Focus / Goal Setting**
Meet at Bridger Gondola ready to ski
9:15am Groups are formed on the slopes
11:30am Early Lunch Gaberoom
12:30pm Late Lunch Gaberoom
4:00pm Apres Ski

Day 2

8:15am-8:30am Sharp! **JH Tactics / Go for It!!**
Meet at Bridger Gondola / Tram - ready to ski
11:30am Early Lunch Gaberoom
12:30pm Late Lunch Gaberoom
4:30pm Yoga , above JH Sports in Gabe Room
5:30pm Girl's Night Out

Day 3

8:15am-8:30am Sharp! **Try Something New!**
Meet at Bridger Gondola / Tram - ready to ski
11:30am Early Lunch (sign up for snow sports electives) Gaberoom
12:30pm Late Lunch (sign up for snow sports electives) Gaberoom
1-4:00pm Snow Sports Electives (ski with another coach!)
4:00pm Equipment Tech Talk

Day 4

8:15am-8:30am Sharp! **Wrap it up-Just do it!**
Meet at Bridger Gondola ready to ski / Tram
11:30am Early Lunch Gaberoom
12:30pm Late Lunch Gaberoom
3:00pm Final Ski with your Coach
6:30pm **Final Banquet Dinner Nick Wilson's next to Tram Dock**

****Schedule is subject to change**

